

Ruby Motaung, South Africa

Indigenous Play Games WOFO Vancouver, 2024

Multi-skill running ball game...physical and social skills development



Educational exercise is the name of this jump rope workout. Someone shouts out an equation, and the jumper has to solve it before jumping the same number of times as the answer. For example, if the jumper hears "5+5," they'll answer 10 and then try to take 10 jumps



Five stone games for Eye coordination development.

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Physical gross motor, cognitive development and balance (Hopscotch).



Cultural activity, zulu dance normally practiced when celebrating cultural month, this activity develops physical, social, emotional and self - confidence



Creativity learning how to protect the body from the rain



Physical gross motor muscle from jumping into the rope.