

WELCOME TO MACAU: A LOCALS GUIDE

by Joanne Georgeson, World Forum National Representative, Macau

I've been living in Macau the past 4 years, and I always enjoy finding something new in this amazing city. Some of my (and my friends) favourite places to dine are listed below.

I've also listed some great places I enjoy going to and visiting (some are the usual tourist spots and some are my personal favourites that I have discovered these past 4 years.

THE COTAI STRIP

Asia's version of Las Vegas has its own Grand Canal, Rialto Bridge and Eiffel Tower.

You could easily spend a few days bar hopping, clubbing, dining in fine restaurants, shopping and watching impressive floor shows (don't miss The House of Dancing Water for spectacular special effects and acrobatic feats).

Wynn Palace Macau has a nightly water show with 300 jets of water synchronised to music.

Studio City has figure 8 Ferris wheel

If you are staying in a hotel on the Cotai Strip, you will have loads on offer from places such as Galaxy, Broadway, The Venetian, The Parisian, Studio City, The Sands Shoppes, Wynn Palace and also City of Dreams.

OTHER PLACES TO SEE

- Taipa Village
- Taipa Houses and Gardens: Avenida da Praia, Carmo Zone, Taipa, Macau
- Fisherman's Wharf
- Grand Taipa Trail - Walking track in Grand Taipa Natural Park.
- Nam Van Lake Waterfront
- St Lazarus Church Area
- Giant Pandas "Kai Kai" and "Xin Xin" at Seac Pai Van Park; Avenida de Seac Pai Van, Coloane, Macau

EATS & DRINKS

Most reasonable priced places would be "a set meal" for about \$100-200 MOP.

More pricy, but still worth it for food quality would be "a set meal" for \$300 + MOP.

World Forum recommended:

Vic's Restaurante (as featured on Bonnie's Global Café) - Lobby, Rocks Hotel, Macau Fisherman's Wharf

Business Hours : 7:00am-11:00pm. Tel : (853) 8295 6580

Reasonable Priced:

- **Common Table:** No. 349-365, Avenida de Guimaraes, Nova City R/C Shop A, Taipa, Macau
Great coffee (especially the 'Flat White') and amazing breakfast menu
- **Blissful Carrot:** Rua direita Carlos Eugenio 79-A Edf Goio Fai Kok, RC/B Taipa, Macau
Vegan and Vegetarian friendly
<https://blissfulcarrot.com>

- **La Cucina Italiana:** Rua do Regedor, Chun Fok Village, Fase II, Bloco 5, Edf. Wai Heng Kok, r/c, Lojas AC. AD, AE e AF, Taipa
Family style Italian restaurant
- **Old Taipa Tavern:** 21 Rua dos Negociantes, Taipa Old Village Taipa, Macau
An endearing English-style pub, this is a great place to chat to local expats over a pint and simple pub grub.
- **Sky 21:** Aia Tower, Avenida Comercial
A somewhat more chic bar option, Sky 21 is ideal territory to glam up and sip cocktails beneath the stars. The open-air roof bar has live music nights and performances by guest DJs.
- **Fisherman's Wharf:** Avenida da Amizade e Avenida Dr. Sun Yat-Sen Macau
(Located at Macau's outer harbour, within 5-minutes' walk from the Macau Ferry Terminal and Heliport)

Loads of places to dine, shop and play. Enjoy this open-air complex.
<http://www.fishermanswharf.com.mo/en/Default.aspx>
- **Le Cesar (2 locations)**
Old Taipa: 300 Rua Direita Carlos Eugénio, Chun Weng Kok, G/F - Old Taipa, Macau
Nova Taipa: Rua de Seng Tou, Nova Taipa Garden, Bloco 23. Taipa, Macau

Portuguese food and homemade pizzas, pastas, salads and homemade cakes.
<https://www.lecesartaipa.com>
- **Il Cafe:** Rua De Seng Tou 319, Nova Taipa Garden 21, Taipa, Macau
Great comfort food in the form of pasta, sandwiches and steak.
- **Dom Galo Restaurant:** Av. Sir Anders Ljungstedt, n 36 G/F, AF-AG
Amazing Portuguese food
<http://galomacau.com>
- **Broadway Food Street Macau:** Avenida Marginal Flor de Lotus, COTAI, Macau
A great selection of restaurant to choose from including The Roadhouse Macau, Duffy's Bar.
<https://www.broadwaymacau.com.mo>

Little Bit Pricy, but Worth the Price:

- **La Famiglia:** Rua dos Clerigos No.76, Taipa, Macau
La Famiglia is an exquisite Macanese restaurant which fosters a convivial family-style atmosphere in homemade style.
- **Bella Taipa:** No. 1 Rua dos Clérigos, Taipa, Macau
Great Italian food with a roof top bar
<http://www.bellataipa.com/index.html>

Various Price Ranges:

- **SOHO Macau:** City of Dreams Level 2
A great choice of indoor dining including T for Tapas, and even a Hard Rock Cafe
<https://www.cityofdreamsmacau.com/en/enjoy/soho/index.html>

**Dining Options within Sands Cotai Central
provided by Sherwin Lucas, Sheraton Grand Macao Hotel**

Chinese

- **Crystal Jade La Mian Xiao Long Bao**

An exquisite culinary journey into the rich traditions of Chinese regional cuisine. The signature Xiao Long Baos are steamed with premium fresh pork giving it a delectable broth. The silky handmade Lanzhou La Mian are all made to order and served in an amazing broth. Apart from the much loved Xiao Long Bao and La Mian, Crystal Jade La Mian Xiao Long Bao also bringing a contemporary twist to classic Beijing, Sichuan and Shanghai cuisine, offering a casual dining experience that will delight the senses.

Location: Shop1026, Level 1, Sands Cotai Central

Hours: 11:00am - 11:00pm

- **Dynasty 8**

Dynasty 8 will evoke a feeling of old world China charm, with 8 private dining rooms which are to portray the rich history and decor of each of the 8 represented Dynasties: Qin, Han, Sui, Tang, Song, Yuan, Ming and Qing.

Location: Level 1, Conrad Macao, Cotai Central

Hours: Lunch, Monday – Friday: 11:00am - 3:00pm

Dinner: 6:00pm - 11:00pm

- **North**

Traditional cuisines from the Dongbei and Sichuan. Prepared by authentic Chefs specifically from Northeast China. Moreover, special area for family and kids is open now, come and savor the authentic northern cuisine!

Location: Level 1, Sands Cotai Central

Hours: 11:00am - 11:00pm

- **Southern Kitchen**

A selection of barbecued meats, seafoods, stir-fried vegetables and rice.

Southern Kitchen is a fast and convenient stir-fry restaurant in the Cantonese and Hong Kong tradition.

Featuring an array of noodle and rice dishes, and a wide selection of barbecued meats, seafood and stirred-fried vegetables and rice.

Location: Level 1, Sands Cotai Central

Hours: 24 hours

- **Yum Cha**

Yum Cha Dim Sum harkens to the Chinese tradition of "Yum Cha" or drinking tea in the teahouses along the fabled Silk Road where Dim Sum was also served.

Location: Level 1, Cotai Central

Hours: 11:00 – 22:00

Japanese

- **Edo Japanese Restaurant**

Specializes in authentic Japanese cuisine with a wide selection of the finest and freshest Sashimi and Sushi imported directly from Japan.

Cuisine: Japanese

Location: Shop 1027, Level 1, Shoppes at Cotai Central

Hours: Sunday - Thursday: 11:30am - 11:30pm

- **Ginza Kaiten Sushi**

As the premier revolving sushi bar in Asia, Ginza Sushi will enthrall food lovers as the restaurant opens its first Macau outlet in Sands Cotai Central. With its grandiose decor and traditional Japanese cuisines prepared

by renowned Japanese chefs, Ginza Sushi will redefine the concept of "revolving sushi" in the city and beyond.

Cuisine: Japanese

Location: Level 2

Hours: Monday - Sunday: 12:00 noon - 11:00 pm

Asian International

- Feast

Meet over breakfast, lunch or dinner at Feast. Soothing earth tones and contemporary furniture mix with colorful culinary offerings, including a World of Flavors buffet highlighting Asian, Portuguese and Macanese delights to offer a world of choice.

Cuisine: International

Location: Level 1

Hours: 6:30am - 11:00pm

- Grand Orbit

Grand Orbit represents a "Culinary Journey" around the globe from Portuguese-inspired Macanese cuisine to Chinese dishes, from the Brazil-inspired Churasco and back for exotic Indian, Thai, and Malaysian cuisine. Grand Orbit has numerous stations with chefs standing at the ready, keen to assist the restaurant's clientele, and live cooking is always a popular attraction.

Location: Level 1, Conrad Macao, Cotai Central

Hours: 6:30am – 23:00pm

- Rice Empire

All things RICE. Rice has played a pivotal role in Asia for nearly 10,000 years. It has inspired vast empires, civilizations and even religions. Rice Empire celebrates this and more with steamed, fried, baked, broiled, stuffed and stewed rice dishes.

Location: Level 1, Sands Cotai Central

Hours: 24 Hours

- Tastes

An artful blend of Macanese cuisine which combines the diverse influence of Portugal, Southern China and Southeast Asia and that of a traditional Hong Kong "Cha Chaan Teng" - A traditional Chinese tea restaurant known for its eclectic and affordable menus.

Location: Level 1, Sands Cotai Central

Hours: 10:00am – 0:00pm

Western

- Chiado

As they say in Lisbon, "All roads lead to Chiado". Portugal's hottest celebrity chef, Henrique Sá Pessoa – who opened the hugely successful, Michelin-starred Alma in Chiado, Lisbon – is now in Macao. Credited with reinventing the culinary scene at home, and as an ambassador for Portuguese cuisine abroad, Chef Henrique is on a mission to introduce Macao to the best that Portugal has to offer at the all-new, Chiado Portuguese Restaurant. Located within Sands Cotai Central, Chiado offers contemporary Portuguese cuisine in an ambience that exudes a modern flair. Chef Henrique presents simple, elegant dishes that are bursting with flavour, in keeping with the traditions of classic Portuguese fare.

Cuisine: Portuguese

Location: Shop 2206, Level 2, Sands Cotai Central

Opening Hours:

- Lunch: 12:00pm – 3:00pm

- Dinner: 6:00pm – 11:00pm

- **The Manor**
 Indulge in a sumptuous feast with the vast array of delectable cuisines offered at our signature restaurant, The Manor. Crustacean bar and bistro, The Verandah, boasts a mouthwatering selection of fresh seafoods for your enjoyment within its lush, indoor garden dining setting, while The Dining Room and The Wine Gallery presents an intimate setting for a tête-à-tête soiree. The Library offers exclusivity for those seeking a quiet spot for private entertainment, with personal attention from Masterchefs at The Penthouse Kitchen.
 Cuisine: International
 Location: 1/F, The St. Regis Macao, Cotai Central
 Opening Hours:
 - Breakfast: 06:30am - 10:30am
 - Lunch: 11:30am - 03:00pm
 - Dinner: 06:00pm - 11:00pm
- **Bene**
 Step into Bene for a home-style Italian meal. Overlooking Cotai Strip from its ground-floor location and flooded with natural light, the warm, rustic restaurant tempts with seasonal dishes, including wood-fire oven pizza, risotto, hand-made pasta, Italian cold cuts and cheeses, and grilled meats, all generously proportioned to share. Meanwhile, a walk-in wine cellar guarantees perfect beverage pairing.
 1F, Sheraton Macao Hotel, Cotai Central
 Lunch: 12:00NOON – 3:00pm
 Dinner: 6:00pm – 11:00pm
- **Conrad The Lounge**
 The perfect place to greet friends or simply to relax and watch the world go by. A comprehensive beverage list with a creative snack menu is available at all times.
 Conrad Lobby lounge set lunch
 From noon to 3:00pm daily
- **Palms Café and Bar**
 From Day to Night
 Palms Café and Bar is a refreshingly innovative lobby lounge at Sheraton Grand Macao, offering a transformative experience from day to night. Not only are food and beverage offerings tailored to the time of day, but the ambience and mood of Palms also change by night. Enjoy an array of creatively presented dishes, and you can expect to receive friendly and intuitive service all throughout your Palms experience.
- **SALA**
 Bask in the sun at Sala, one of our poolside cafes at Sheraton Grand Macao Hotel. Pull up a barstool at the relaxed bar for a cocktail and chat, or grab a table to enjoy an afternoon snack or full meal. The laid-back vibe may just entice you to stay for an extra mojito or two.
 Level 4
 Sheraton Macao Hotel, Cotai Central
 10:00am - 6:00pm